

# Sunapee Harbor Quest



## **Sunapee, New Hampshire**

Physical Difficulty: Easy

Special Features:

Natural, Historical, Vista

Walking Conditions: Pavement

Duration: 1:00

Bring: Compass, Binoculars,  
Pencil, Swimsuit

Sunapee Harbor offers many recreational opportunities, including boat rentals, lake cruises, evening band concerts, restaurants, shops, and great ice cream! It also boasts close proximity to Sunapee State Park and State Beach for hiking and swimming.

Lake Sunapee Protective Association

PO Box 683

63 Main Street

Sunapee, NH 03782

(603) 763-2210

[www.lakesunapee.org](http://www.lakesunapee.org)

## Overview:

LSPA (Lake Sunapee Protective Association) is a member-supported, nonprofit environmental educational organization founded in 1898 that works year-round to maintain the quality of Lake Sunapee and its watershed. LSPA's educational outreach extends to all residents, lake users, students, and visitors in the Lake Sunapee region. For more information, please check out their website at [www.lakesunapee.org](http://www.lakesunapee.org).

Clues:

At the tan House Knowlton, upon the hill,  
on the black paved road's edge, stand so still.  
Cross over the road to the far sidewalk so neat,  
Head down to the harbor where you next cross the street.

Go over Main Street on that ladder of white,  
lean over green rails; water shimmers with light.  
Relax, enjoy, and take some time to see,  
Sunapee Harbor of Lake Sunapee.

A right turn you make,  
on your left is the lake.  
Walk between wooden beams, and if you are able,  
stand by the old building that once was a stable.

Notice the dam and its structure so big,  
Water is controlled by this amazing rig.  
Look to see the lake join a river so sweet.  
Sugar River it's called; again cross the street.

Stand over water and find a stick white.  
It's used to measure the lake's water height.  
It's important to note this is a drinking water lake,  
To not keep it clean would be horrid and a huge mistake.

Class A lake on your left, follow the walk  
'tween buildings and boats where folks often talk.  
When you reach the boat ramp, south you shall cross  
to a park where there is much grass and some moss.

Walk to where sand and soil join a wall,  
Be careful now, please don't slip and fall!  
As you admire the beauty of this lake,  
there are choices that we each have to make  
to keep the water so clean and clear.  
It is a treasure that we hold dear.

Go north and cross past smoothies and Pete's Shed  
Straight ahead now, along a road you will tread,  
called "River," which is aptly named.  
Follow this now to the source of its fame.

Which way do you think the water is moving?  
Pick up a leaf fallen and set it to cruising.  
Following now as your leaf floats along,  
go ahead, loosen up, and just burst into song!

Across the river, see the clock and tower,  
you've been moving along by your own power.  
Lovely large white birches by the river can be seen,  
but on this side of the river, spy something green.

Along the Sugar River, we take tests,  
to make sure the water is at its best.  
Conductivity, turbidity, pH are a few,  
Samples like these give water quality clues.

Walk out on the bridge all covered from the sky,  
Gaze down at the river as it gently flows by.  
The bridge connects to a place that once held the town horses  
And just downstream the river creates electrical forces.

Continue across to the far other side,  
To a different view of the river so wide.  
The path leads you back, up stream you must go,  
Find the old information booth to be in the know.

A few more paces more, look up now and see  
Just what is it that makes a watershed be.  
Next cross through the lot and back out to the street,  
Your journeys about done and its been quite a feat.

Back to the start, to the House on the hill,  
Now full of water science and history still,  
Climb the long drive that leads to the rear,  
You're almost through, the reward is near.

You'll see the glistening harbor  
Standing just near the door,  
Outside LSPA find the prize that you seek,  
North, South, East, West 'neath the goose take a peak!