

NON-TOXIC MOLD REMOVAL PRODUCTS

Common non-toxic household products that can kill mold include:

- Baking Soda
- Borax
- Grapefruit Seed Extract
- Hydrogen Peroxide
- Vinegar
- Tea Tree Oil
- Hydrogen Peroxide



BAKING SODA FOR MOLD REMOVAL

Baking soda is a natural and non-toxic mold removal product that you're likely to find in your kitchen pantry.

To clean with baking soda:

1. Mix 1 teaspoon baking soda with 2 cups of warm water in a spray bottle. Mix well.
2. Spray the affected areas.
3. Use a brush to scrub the mold away.
4. Rinse the area with water.

5. Spray with baking soda solution.
6. Let the solution dry and leave it.



BORAX FOR MOLD REMOVAL

Borax is an extremely common and fairly non-toxic chemical that is not only used as a fungicide but is also an effective insecticide. It has an extremely basic pH at around 9, which toxic molds hate!

To clean with a borax solution:

1. Mix one cup of Borax per gallon of hot water (the heat helps it dissolve).
2. Spray affected areas with borax solution.
3. Once it has soaked in after around 5-10 minutes, use a brush to scrub any visible surface mold.
4. Use a rag or HEPA-filtered wet vac to remove any of the mold debris you have broken loose.
5. Do not worry about leaving excess Borax, it is fine to stay on the surface as it will help to inhibit future mold growth!



GRAPEFRUIT SEED EXTRACT

If you're looking for another odorless, non-toxic and all natural solution, grapefruit seed extract is another antifungal that can be used both internally and externally.

To clean with a grapefruit seed extract solution:

1. Combine 10 drops of grapefruit seed extract with 1 cup of water in a spray bottle. Mix well.
2. Apply it generously to the affected areas.
3. Let it sit without any rinsing or scrubbing.



HYDROGEN PEROXIDE MOLD REMOVAL

Hydrogen Peroxide is odorless, non-toxic and all natural, plus unlike bleach, it can penetrate porous surfaces. It can bleach certain materials (although unlikely in the concentrations used here), so do a small sample first just to be safe.

To clean with a hydrogen peroxide solution:

1. Add one part 3% hydrogen peroxide solution (available at any grocery store or pharmacy) to one part water
2. Use a spray bottle to apply it generously to the affected areas
3. Allow it to soak for 10 minutes while it works. The fizzing bubbles are a good sign!
4. Scrub the area with a brush or rag to help break up any mold still clinging to the surface
5. Wipe the area with hydrogen peroxide when you're done scrubbing
6. May need to repeat the above steps a few times, but once the mold is removed the area should be sterilized from mold and bacteria



TEA TREE OIL FOR MOLD REMOVAL

Tea tree oil, or melaleuca, is a natural fungicide, which is said to be one of nature's best mold killers. Be sure to use a 100% unadulterated essential oil from a trusted source, as many companies cut their essential oils with filler oils, causing the oil to be less potent. If it's a 100% concentration of tea tree oil/melaleuca, the bottle will usually have nutritional facts stating its pure enough for ingestion (although this is not suggested, as tea tree can be toxic at certain levels).

To clean with a Tea Tree/Melaleuca Oil solution:

1. Combine 1 tsp Tea Tree essential oil with 1 cup of water in a spray bottle and shake well.
2. Apply it generously to the affected areas.
3. Let it sit and reapply as needed.



VINEGAR MOLD REMOVAL

Vinegar is another all natural and non-toxic mold removal product that you're likely to find in your kitchen pantry. Due to its disinfectant and degreasing qualities, vinegar can be used for a wide variety of cleaning uses, such as cleaning windows, de-greasing stove tops, descaling coffee makers, and cleaning mold and mildew in your bathroom.

To clean with a vinegar:

1. Pour undiluted white vinegar into a spray bottle.
2. Apply it generously to the affected areas.
3. Let it sit without any rinsing or scrubbing.

Information courtesy of MOLDBADGER